



Aftercare Instructions of Lash Extensions

- **Mascara is prohibited while wearing eyelash extensions.** Mascara will coat your extensions, erode the adhesive and be very difficult to remove while wearing extensions. The Lash Addict cannot guarantee the results or retention of your eyelash extensions if you arrive to your appointment with makeup on your eyelids or eyelashes (mascara, eyeliner, primer, foundation, etc.). If arriving to your appointment with mascara, your appointment may be cancelled, a Removal may be recommended and fees may apply. Mascara on your lower lashes is generally okay, however, excessive amounts of mascara on your lower lashes can interfere with the adhesive bond on your upper lashes.
- **Pencil, gel and liquid eyeliner is prohibited while wearing eyelash extensions.** These types of eyeliners will coat your lashes, erode the adhesive and will be very difficult to remove without removing your extensions. If arriving to your appointment with eyeliner on your eyelashes, your touch up appointment may be amended to a removal and fees may apply. The Lash Addict cannot guarantee the results or retention of your eyelash extensions if you arrive to your appointment with makeup on your lid or eyelashes. The Lash Addict recommends using powder eyeliner.
- **Avoid excessive moisture, humidity and sweat for the first 48 hours after your appointment.** This includes long and steamy showers, saunas, hot tubs and hot yoga. You may shower however, please do not soak your new lashes.
- **Avoid touching your lashes.** Touching (picking, pulling, rubbing) your lashes loosens the adhesive bond through friction and oil contamination. Additionally, you risk losing your natural lashes by pulling or rubbing them.
- **Avoid blowing air conditioning or fans directly on lashes** (in car, at desk, while sleeping etc.) This can dry lash adhesive and result in adhesive brittleness and premature lash extension loss.
- **Sleeping on your back is best for your eyelash extensions.** Sleeping on your sides will result in loss of the eyelash extensions on your outer corners. Sleeping in your face will result in premature loss of your extensions.
- **All skincare and makeup products from the eyebrow to the eyelid must be oil free.** Including primer, foundation, sunscreen, eye cream, cream eye shadow, setting spray etc. Remove your makeup using oil free makeup remover. Ask us for more information
- **Cleanse your lashes at least twice each week to maintain clean and healthy lashes.** You may use baby shampoo
- **Condition your lashes 2-3 times per week.** Lash extensions last longer, look and feel better when they're conditioned. Conditioning them helps keep the adhesive flexible, nourishes your natural lashes with pro vitamin B5 and keeps them looking glossy and separate. Conditioning your lashes also keeps them in place and is a great way to remove eye shadow from your lashes. If you have oily hair and skin, conditioning your lashes may not be necessary.
- **Brush lashes with a clean mascara wand daily.** Wait 48 hours after lash service. Gently roll the brush over the tips of the lashes with eyes closed to detangle. Open eyes and adjust lashes with brush.
- **Keep lashes away from heat.** Be careful when opening the oven door or grill lid. Be mindful of using heat hair tools near your lashes. Excessive heat from these sources can singe your lashes.

Reasonable expectations:

Lash extensions are semi-permanent. Your natural lashes go through stages of growth during their life cycle, before shedding and making room for new lashes. When we see clients for the first time, we have no way of knowing how long mature natural lash will stay in place before shedding. Lash extensions normally shed at a rate of 4 each day. Additionally, spring and fall bring high levels of natural lash shedding. Proper care of your lash extensions can contribute to better retention.



Aftercare Instructions of Lash Lift

Before Your Lash Lift Instructions

- Do not apply conditioning serum 48 hours prior to your lash lift appointment.
- Do not wear mascara or eye makeup the day of your lash lift appointment.
- Please do not use oily makeup remover the day before or day of your appointment. This can cause a barrier and affect the outcome of your lash lift.
- If you have a spray tan, ensure there is no residual product on your lashes.
- Please remove contact lenses before your lash lift appointment. Bring glasses with you.
- Growth Serum is okay to use with your lifted natural lashes. However, you may see faster turn-over of your natural lashes and you may therefore want to return sooner for a follow-up lash lift.

Lash Lift Aftercare instructions

- No heat, steam (including cooking over steaming stovetop), saunas, water, oils, lotions, creams, shampoos, face washes, makeup remover wipes or pads on lashes for a minimum of 24 hours.
- We also advise that because the clients lashes are still malleable (shape shifting) a side sleeper or face sleeper can notice one or both eyes can raise or drop, leaving the lashes misshaped. Sleeping on the back is best.
- Avoid face washes that are mainly oil as this can also cause lashes to drop prematurely.

Reasonable expectations:

Results of a lash lift may last as long as your natural lashes last (approximately 90-100 days). During the next 90-100 days, you will begin to notice less fullness of your natural lashes as your “lifted” natural lashes shed and new, straight natural lashes replace them. To maintain your lash lift, return for a follow-up lash lift appointment approximately 2-3 months from your initial appointment date.