

The Lash Addict

Aftercare Instructions of Lash Extensions

- Avoid excessive moisture, humidity and sweat for the first 48 hours after your appointment.
- Avoid touching your lashes. We find this is the leading cause of lash extension loss. Touching your lashes loosens the adhesive bond through friction and oil contamination. Additionally, you risk losing your natural lashes by pulling or rubbing them.
- Avoid blowing air conditioning or fans directly on lashes (in car, at desk, etc.) as this can dry lash adhesive and result in adhesive brittleness and premature lash extension loss.
- Sleep on your back, or your side. This is really important directly following your application, since the glue takes a while to cure fully. After a night or two, it is still best to sleep on your back, but side sleeping is also okay. Sleeping on your stomach is never great for your lash extensions.
- All cleansers, makeup and makeup removers must be oil free. Oils degrade the adhesive and make your lashes shed. To remove your makeup, gently go over the area with a cleansing wipe or oil free cleanser. It's also important to carefully cleanse your lids. We will recommend cleansing products and methods.
- Condition your lashes 2-3 times per week. Lash extensions last longer, look and feel better when they're conditioned. Conditioning them helps keep the adhesive flexible, nourishes your natural lashes with pro vitamin B5 and keeps them looking glossy and separate. Conditioning your lashes also keeps them in place and is a great way to remove eye shadow from your lashes. If you have oily hair and skin, conditioning your lashes may not be necessary.
- Brush lashes with a clean mascara wand daily. Gently roll the brush over the tips of the lashes with eyes closed to detangle. Open eyes and adjust lashes with brush.
- Mascara is not recommended. We find that removing mascara from your lash extensions often causes early shedding of lash extensions resulting in more frequent touch-up appointments and possible damage to your natural lashes. Mascara on your lower lashes is generally okay, however, excessive amounts of mascara, even on your lower lashes, can interfere with the adhesive bond on your upper lashes.
- Avoid shower water directly hitting your lashes and hair conditioner dripping into your lashes. It helps to lean your head back in shower.
- Be careful when opening the oven door or grill lid. Excessive heat from these sources can affect the curl shape, so wait 20 seconds before approaching to allow heat to dissipate.
- Wipe off excess skincare products to avoid these from seeping down onto your lashes and affecting the adhesive bond.

Reasonable expectations:

Lash extensions are semi-permanent. Your natural lashes go through stages of growth during their life cycle, before shedding and making room for new lashes. When we see clients for the first time, we have no way of knowing how long mature natural lash will stay in place before shedding. Lash extensions normally shed at a rate of 4 each day. Additionally, spring and fall bring high levels of natural lash shedding. Proper care of your lash extensions can contribute to better retention.